

www.stuttonvillage.net December 2024 /January 2025

No. 187

roundaboutstutton@gmail.com



Merry Christmas Stutton

With a hilarious Panto to kick off the festive season quickly followed by the beautiful Christingle Service you will hopefully be in the mood to get decorating and join in the Community Wreath Ramble. Throw in the Carol Service at St Peters, the Xmas Party Night at the Kings Head and the choir concert in the Hall and you will definitely be ready for Father Christmas and his trusty tractor on Christmas Day.

With all that going on we hope that you have the chance for a rest at some point! Thank you dear readers for all your support this year - with all best wishes for the festive season- Jane, Emma and Freddie

Rev'd Jenny's Gingerbread Christmas Trees

350g/12oz plain flour, plus extra for rolling out

1 tsp <u>bicarbonate of soda</u> 2 tsp <u>ground ginger</u>

2 tsp <u>ground ginger</u> 1 tsp ground <u>cinnamon</u> 125g/4½oz <u>butter</u> 75g/6oz light soft <u>brown sugar</u>

1 free-range <u>egg</u>
4 tbsp golden syrup

Sift together the flour, bicarbonate of soda, ginger and cinnamon and pour into the bowl of a food processor. Add the butter and blend until the mix looks like breadcrumbs. Stir in the sugar. (You can rub the butter in by hand, if you don't have a food processor.)

Lightly beat the egg and golden syrup together, add to the food processor and pulse until the mixture clumps together. Tip the dough out, knead briefly until smooth, wrap in cling film and leave to chill in the fridge for 15 minutes.

 Preheat the oven to 180C/160C Fan/Gas 4. Line two baking trays with baking paper.

 Roll the dough out to a 0.5cm/¼in thickness on a lightly floured surface. Using cutters, cut out the gingerbread tree shapes and place on the baking tray, leaving a gap between them.

 Bake for 12–15 minutes, or until lightly golden-brown. Leave on the tray for 10 minutes and then move to a wire rack to finish cooling. When cooled - decorate







Snow White

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The village gathered in remembrance of those young lives lost and those who fought so hard to give us the freedom in our country that we benefit from today. We stood together to keep the memory of those who served alive, reinforcing the values of courage, sacrifice and community. Thank you to all who attended, Rev Duncan Myatt and Elder Jayne Jones for leading the service, Cllr Emma Woollard for reading the names of the fallen and the chaps in hi-viz who intrepidly managed to stop the cars.



Ice creams at all performances
Bar open for evenings
Tea & Coffee for the matinee
Our parking is limited

Helpful Numbers

Citizens Advice	0808 278 7867
Community Shop	328133
Community Hall	328713
Holbrook Academ	y 328317
Holbrook Surgery	328263
The Kings Head	328898
Parish Council Cle	erk 326925
Police non emergen	cy 101
Roundabout Stutton	07721671895
Samaritans	116123
Stutton Primary So	chool 328531
Stutton Support N	etwork 327753
IT'S PANT	O TIME!

OH, NO IT ISN'T. OH,

YES IT IS!

Actually if you have no ticket IT ISN'T as we are sold out

If you have a ticket you know you won't use contact Jane Hems as she has a waiting list for people who want a ticket 07721671895

STUTTON SUPPORT NETWORK IS IN DANGER OF



COLLAPSING - WE NEED YOUR HELP!!



We desperately need more volunteer drivers. Even if you were only able to offer a lift infrequently your support would be invaluable.

For most of us, a time will come when we are no longer able to drive ourselves to hospital, doctors or dentists appointments - and we may not always be able to rely on family members. If you want the Network to be here for you when that time comes, please consider volunteering now to help keep us going. We set up Stutton Support Network 10 years ago and some of our volunteers are now no longer able to drive. Unless we can recruit new volunteers, the Network won't survive for much longer. Stutton Support Network is one of the things that makes our village such a great community. Please consider helping us to survive. Phone: 01473 327753 or email jenny@jennymorris.net to find out more



The Village is still looking for a Speedwatch Coordinator

More details from Ian Flower 01473 422744 iancflower@gmail.com

A reminder: The Joseph Catts Trust is your local village charity. If you're in financial need and can't get help from anywhere else, please contact one of the Trustees: Jane Pavitt 328512; Nigel Watts 328202; Jenny Morris: 328984

A Big Stutton Shout Out

Sally Cowen would like to thank everyone who helped her since she fell and fractured her knee cap. These include Shaun the Post who rescued Sally after she fell and all those who went shopping for her and those who drove her to hospital appointments and back. Thanks too to Mike Hems who made a house sign for Old Deteronomy so the Carers could find the house and thanks as well to all the volunteers at the Community Shop for the deliveries. Many thanks all round - Sally

Stutton Young Explorers

We have enjoyed a fabulous start to the term with lots of lovely activities as well as receiving a visit from Ofsted to carry out our anticipated inspection. I am delighted that we retained our 'Good' rating, the Inspector noted that both babies and children flourish within the inclusive and welcoming environment.

The children have enjoyed some seasonal activities; reading the books 'Pumpkin Soup' and 'Guess how much I love you Autumn' and had great fun digging out the inside of pumpkins to examine the seeds and different textures. We took part in a Remembrance service and laid some poppies which the children had made.

We have supported Children in Need and the staff and children had fun dressing up in an assortment of spots and stripes! Thank you to all for your donations. We are now all busy practicing for our Nativity, this year we are performing 'A Bundle of Joy'! We look forward to seeing many parents/carers and their families at the two performances in December at the Stutton Community Hall.

We provide before and after school care for children attending Stutton Primary School and care and education for children aged 4 months to 5 years. If you have any questions about Stutton Young Explorers please contact Hayley Aherne (Group Manager) on 07561 504913, or Stutton young Explorers on 01473 806200



A Community Christmas Wreath Ramble Saturday 7th December – Monday 16th

There will be wreaths all round the village, some with letters on to be unscrambled into a festive slogan.

Maps will be on sale in the shop and school for £2.50 from 18th November. There will also be some craft packs available along the same theme.

Come and join in the challenge
All in association with re-create social enterprise and raising funds for PTFA Stutton. Charity 1030549
For further details contact ptfastuttonprimary@gmail.com





St Peter's Church

It was lovely to see so many of you for the Eco Church event in October, we will be continuing to focus on eco matters in church and in the churchyard over the coming year, we are increasingly moving to the use of recycled and fair trade products in our weekly church life, and Jayne Jones will be issuing useful Eco tips to help us make those small changes to help Climate Change.

December is coming up on us fast, as is Christmas! As a Benefice we have a wonderful selection of events this year, traditional carol services, Christingles, Crib services - plenty of opportunity to hear the stories of that magical night in Bethlehem, and to celebrate the birth of someone who went on to change the world. Please look at our service schedule for those events happening in Stutton – they will affect some of our normal services. Christmas, can be a problematic time of year, it not a universal time of joy and happiness, it can be lonely, and it can be prohibitively expensive, and a time of debt and worry. I do speak from past experience, and at that time we learnt the hard way that it does not need to be expensive - pricey presents are nice, but not necessary, and it is more than possible to do the Christmas feast on a budget with a little planning – as a family we now do not buy big presents for the adults, just thoughtful tokens, often home-made (I am planning on Gingerbread Christmas trees, this year -shhhh don't tell my family!!) we share the expense of the food – a bring and share feast and share the preparation. It certainly makes Christmas much more affordable! I talked about isolation in my last letter tackling loneliness especially in our villages can be an issue, so if you know someone who is spending Christmas on their own, think about inviting them round for part of the day

Revd Jenny Seggar - Rector www.tworiversbenefice.org 01473 327951 or 07733 195866

Please note, my usual day off is Friday

We look forward to seeing you over the festive period so that we can share our Christmas celebrations with you. Blessings Jenny

Enquiries: funerals, burials of ashes should be addressed to the Rector weddings and baptism to Amanda Bloomfield, Benefice Administrator 07552 445731 or benefice2rivers@outlook.com Church building or churchyard, please contact Churchwardens, Jan Brown 01473 327325 or Nigel Watts 01473 328202.

1st December	4.30pm	Christingle	
200 0 000111001	поорт	Simisting.	
8th December	9.30am	Holy Communion	
15th December	6pm	Carol service followed by mince pies and mulled wine	
24th December	11.30 pm	Midnight Holy Communion	
29th December	9.30am	Benefice Holy Communion (said reflective service)	
5th January	11.00am	Worship 4 all	
12th January	9.30am	Holy Communion	
26th January	11.00	Benefice Holy Communion (Archdeacon presiding)	

Duncan or I will aim to be sat drinking coffee at the Stutton Community Shop between 10 &11 on a Tuesday morning. Please join us for a chat. Please check Facebook &

www.tworiversbenefice.org for any last minute changes and for the full list

of services in our Benefice.

PC Kate Jarrett -Community Police



Merry Christmas and Happy New Year It's that time of year again, how has it come round so quick? December can be such a busy time for some, festivities, get togethers, work Christmas parties, visiting family. For some it's their favourite time of year who will look and see the magic.

For others, it can be terribly lonely and depressing. The evenings last for longer with it getting dark early and it's a lot colder. For some the cost of heating their homes is just too much. They might be on their own without anyone visiting. Loneliness is a real problem. Social contact is so important, but it can be daunting to make that first step. Many of my villages that I cover, have some sort of weekly group. Over the last couple of months, I have had the pleasure of visiting a few of these. Great Blakenham, Bentley, Holbrook, Shotley, and Brantham. There are many more that I've yet to visit. These catch-up groups are vitally important and if you attend, I can assure you, you will be welcomed wholeheartedly.

This next message isn't just about the festive time, however there is an increase due to people attending parties and festivities- can you guess- yes, I'm going to mention drink driving. Most of you reading this, live in a rural location and might think, it's ok to have a few drinks before getting behind the wheel. You might think, Police won't patrol out here, or I only live down the road, I've been doing it for years and no-one's caught me, I've not had an accident! In 2022 over 6000 people were killed or injured in a drink driving accident. All it takes is one split second. Please don't do it, its not worth it. Take it in turns, have a designated driver, use a taxi but don't drink and drive.





Stutton Community Association



I can't believe that Christmas is just around the corner. This year has gone so quickly, and it seems like yesterday that we were busy with the summer fete. A few more weeks and the planning for that will start all over again!

We had a full house for our ever-popular quiz. These are brilliant evenings that enable people to catch up with old friends and make new ones whilst at the same time indulging in some healthy competition. A big thank you to our resident quiz master, John Fryer who once again did us proud with a real mixture of questions, most of which I couldn't answer. Our next quiz will be in April so look out for the posters.

We take a break from Film Nights in December but are back with a vengeance on January 24th. We have a great core of people who come to our film nights, but we would love to see more of you joining us.

Just to remind you that we have changed the collection time for the Community Draw, so we will come knocking in the Spring.



I hear on the grapevine that Santa's elves are busy making lots of goodies and the reindeer are in training for their festive delivery! Once again, my very close connection to Santa has enabled me to persuade him to visit Stutton on Christmas morning. If you would like Santa to call, please leave your present with a donation to charity, clearly labelled with name and address and in a clear plastic bag at either the Community Shop or Looking Good between **17th and 21st December**.

This year has been an important one for the SCA. The opening of the Garden Room meant that we could offer a new type of facility for more intimate gatherings and bookings are going well. The Community Hall continues to be a real focal point for the village playing host to an amazing range of activities and I'd like to thank our regular hirers for using our hall. I'd also like to give a special thank you to Roberta Garrad who has managed our bookings for decades and continues to keep Bill and myself on the straight and narrow.

As we come to the end of a busy and enjoyable year, on behalf of the SCA I would like to thank you for all your support and wish you a Merry Christmas and a very Happy New Year.

Rosie Stuart-Thompson

Draw		Winners	Ticket Number	Prize			
	No prize draw this time collection times changing						

Stutton Parish Council - October/Nov

www.stuttonvillage.net CIIr Darren Cooper - Chair



Welcome to the latest update from Stutton Parish Council, covering the October and November meetings.

The Greenway remediation has been completed, inspected and approved by Suffolk County Council. Some questions have been asked about the section from Woodfield Lane towards the playing field and shop. Whilst this isn't Greenway, the Parish Council will ask the landowners about some pot-hole repairs to make access easier.

Suffolk County Council (SCC) have 0% interest loans available for up-to £15k for home improvements such as solar panels, insulation, heat pumps etc to work towards carbon net-zero so please look into those. They are also running a transport survey which is open until 30th November - look here https://www.suffolkonboard.com/news/2024/06/2024-rural-transport-survey/

The Greener Holbrook group meet on Mondays and have asked if they could expand the group and involve Stutton, they meet Monday evenings (same time/date as the Parish Council do unfortunately) and aim to increase awareness of climate change and actions to become more eco-friendly. If you are interested in attending the meetings and representing Stutton, please get in touch. Similar cooperation with Holbrook may happen with our Speedwatch team as we are still are looking for a coordinator.

Planning-wise, a quiet period with no new applications this period but we do have progress on a replacement streetlight for PO Corner! The quote of £1709 has been accepted so we hope to have this in place as soon as possible, please bear in mind, SCC quote lead times of up-to 10 weeks...

Remembrance Sunday at the War Memorial was very well attended and went ahead without a hitch. Unfortunately, no bugler was available from the Royal Hospital School this year, despite our clerk's best efforts.

Finally, Digital Voice is coming! The migration from an analogue to a fully digital phone service is in full swing and I will be giving a presentation at December's meeting about the transition, what it means and help available to ensure uninterrupted service, particularly for vulnerable people. Please come along to hear more or just ask me for further information. Details can be found at https://www.bt.com/broadband/digital-voice

The next Parish Council meeting is on Monday 9th December starting at 19:30 at the Community Hall. Do please come along if you can, all really are welcome!



Stillness Straw and Star...dust

Sunday 22 December at 2pm Stutton Village Hall

Da Capo Singers present an afternoon concert of festive entertainment. Come and sing some well-known carols,

listen to the choir sing and hear the Christmas story delivered in a different way. Festive nibbles, mulled wine, tea and coffee provided.

No tickets needed and no entry fee but donations gratefully accepted. There will be a raffle and all profits made will be given to

> The Bumblebee Children's Charity who are based in Sproughton. https://bumblebeechildren.org.uk/

For further information please contact Jane Gould on 01473 328147 or email Jane at jane.gould@btinternet.com

Special service for April Wright

A horse-drawn hearse for April Wright was the traditional and symbolic way her family chose to honour her on the day of her funeral. It stood out as a slow and gentle final journey with a sense of love from the community being apparent, all too often missed in our fast-paced world.



We would like to thank you for the support and compassion you have shown towards us during this difficult time. Your kind words about April and your thoughtfulness to us have been a great comfort as we come to terms with our loss. Nick and Maureen Wright



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Nature's Notes

We've had a rather active wasp nest in the front garden this year which has delayed me getting the brushcutter out to cut the 'meadow' in the front garden.



I took to it just before Halloween though, as although it was still on the go, the few wasps going in and out were quite lethargic. As I raked what I had cut, I heard the familiar thin call of a Goldcrest calling from the ivy wrapped around the Silver Birch.

Through October, tens of thousands of Goldcrests arrive in the country from northern Europe. Plenty breed in the UK (the British Trust for Ornithology recognised 790,000 territories in 2016), but numbers are supplemented considerably by this autumn arrival. They, along with Firecrests, share the title of Europe's smallest bird, a mere 5-6 grammes. Hard to imagine these birds migrating across the North Sea!

Goldcrests are insectivores and typically haunt conifers and other evergreens like yew, holly and ivy. Equally though, if you come across a flock of birds in deciduous woodlands or large hedgerows this winter, Goldcrests may be in that cohort. There is safety in numbers. If you had to pin me down for where would be best to see a Goldcrest in Stutton I would recommend half-an-hour spent around the churchyard Yews.

The "crest" is not always obvious unless they show you their crown, but their tiny-size, pale-green plumage and beady eye on a bare face should confirm their ID. Firecrests are quite similar, but their plumage is a slightly brighter green and they have some striking black and white eye stripes.



Mark Nowers



Community Shop

With Christmas on the near horizon, our shop is stocking all those essentials needed for a jolly time (except alcohol - although we do have sparkling non-alcoholic drinks!). Rosemary has been making Christmas cakes for sale in the shop - some will be iced, and some will have fruit and nuts on top. She won't be taking any orders; we will just be selling them in the shop – so the earlier birds will get the cakes. She will also be making her yummy mince pies from 1st December. We have a fabulous assortment of Christmas cards from several local sources and charities including the Suffolk Wildlife Trust – and of course we also stock the Christmas stamps!

Opening Hours over Christmas and the New Year:

Christmas Eve 9-1pm also serving mince pies & mulled wine for customers

Christmas Day – closed

Boxing Day - closed

New Year's Eve 9-12

New Year's Day closed





We have already started the 'Warm Spaces' initiative with complimentary coffee and cake or sandwiches on a Monday or Wednesday. This is funded by the village Catts Trust. As always, our grateful thanks must go to our wonderful band of volunteers without whom the shop would not be possible. From all of us at the shop we wish you a Happy Christmas and a healthy and peaceful New Year. **Jane Pavitt 328512**

Friends of St Peter's Church

Our two major events this year were a visit to Orford Ness in June and our summer garden party in July. Both were most enjoyable, the difference being the weather. Orford Ness is a remarkable place both historically and environmentally but the weather when we visited was something else! By contrast, we had a delightful summer's evening for our garden party, kindly hosted this year by Sonia & Alex Scott-Barrett.

Turning to the annual cycle ride in aid of Suffolk churches, after over 40 years of being a local organizer I have decided to step down this year. If anyone would like to take this on, please will they get in touch with me. The admin. is minimal, all that's really involved is organizing a cycle ride around a few Suffolk churches on a Saturday in September. About eight usually take part. So to next year. We shall look forward to our outing and summer party as usual but I would like to finish by mentioning again that the Friends' annual subscription is very modest and all money raised goes towards the maintenance of our fine Medieval village church Best wishes, **Cavan Browne**.



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Stutton Carpet Bowls Club

After having played 4 of winter league matches with 4 more to follow, I am pleased to report that we have won 3 of them and at the moment we stand at the top of Division 2 (East) games. With the Christmas season approaching fast we have 2 more in this year and the remaining matches will be played in the New Year. Suffice to say we are feeling very positive.

Our Christmas meal is booked and we look forward to celebrating the Christmas season.

We would still welcome new players, so if you fancy trying bowls, please come to one of our Wednesday club nights, December 4th & 11th January 8th and 22nd. We are a friendly bunch and enjoy our evenings together. If you wish to chat to someone regarding what it entails please give Chris Leach 07833998991.

Stutton Carpet Bowls Club wish you all a very Happy Christmas and a healthy New Year. **Jenni Pallant 328638**

Stutton Primary School

"It Takes a Village to Raise a Child".

On Monday the 11th of November, our KS2 children walked to the war memorial and laid a wreath. The children also sang a song, said a prayer and a bible reading and honoured the 2 minutes silence. We sold poppies in school too. We were very proud of the children.

Our year 3 and 4 children took part in an archaeological workshop with the Suffolk Archaeology Service. They were introduced to archaeology, handled real finds from different time periods and had to identify the function of the objects. They had a great day and learned lots!

Our oldest children went to the Royal Hospital School to take part in SingUp! Suffolk. They worked with a professional musician and learned songs from different genres. They worked with children from schools all over Suffolk and did a performance at the end of the day. It was such a brilliant experience.

We are now officially on a Christmas countdown with our younger children starting their nativity practice and the whole school learning songs for our carol service at the church!

Our Stutton STARS have been very busy!

Stutton Local History Group

Articles are still being researched and put together for our 40th Annual Journal which we aim to have for sale early in 2025. By the time this is received we will have had our group meeting, and the date of the next one has not yet been decided, members will be notified nearer the time.

We have ongoing research into the history of Stutton, it's buildings and past residents, and we will always be pleased to receive any photographs, documents etc. relating to people, buildings and happenings for our archive, and if necessary we will scan and return them to their owners.

For anyone interested, there are a number of earlier Annual Journals available for £1 each from Vic Scott, at Waverley, Larksfield Road. And for further information contact Vic the Local History Recorder at 328753 or victorscott932@gmail.com

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HOLBROOK SWIM -SWIMMING CLASSES

Monday and Wednesday from 6pm at the Royal Hospital School swimming pool (during term time). Open to all children in full time education (5+) from beginners to advanced, rookie lifeguard and swim fit. Small groups with experienced, fully qualified instructors.

Please contact: admin@holbrookswim.org.uk www.holbrookswim.org.uk







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Mary McLaren Our District Councillor



"The best gift you can give to someone is your time because you're giving something you can never get back" Author unknown

As we come into this season of goodwill and peace to all men, it is easy to be distracted by the national and international news which only seems to reflect ill will and wars. And then I look round at our community in Stutton and I am re-assured by the many groups and volunteers who give of their time and money every week to help friends, neighbours and on many occasions strangers. People in need of encouragement, a listening ear, a warm place to sit, a bowl of homemade soup or a lift to the surgery.

Throughout this year many people have benefitted from meeting those who share the same interests in activities and sports. Enjoying a village supper, a good film or a choir concert in the Community Hall, meeting new people and joining interest groups have all been organised by those who are willing to give of their time freely. To all our volunteers from a wide variety of organisations I would like to say a big Thank You on behalf of all those people who you have helped along the way and made their lives a little brighter

Locality Grants given this year

- *Bike Active Alton Water *Suffolk Sight (Stutton)
- *Holbrook Village Hall WIFI connection *Harkstead History Weekend

Wildflower Meadows

With the end of summer comes the end of our wildflower meadows until next year. If interested residents have an idea for a new wildflower location across the village, please contact Richard Parmee who is the bio-diversity project manager at Babergh District Council. However, you may know a landowner or farmer or someone with a small tract of land who may be interested in participating in the Wildflower Meadow project. Advice and support will be given by the Biodiversity Team.

Annual Governance Statement (Babergh District Council)

Local Authorities are accountable to their communities. We must by law ensure that we provide value for money, and it is essential we have the Governance Framework which supports a culture of transparent decision making. Every year we are required to produce an Annual Governance Statement (AGS) which describes how these corporate governance arrangements have been working. Our latest AGS 2023/24 will soon be published on our Website alongside the Statement of Accounts.

Parking and Universal Credit Scams

Suffolk Trading Standards regularly raise awareness of and share related advice about scams on their social media channels for your local resident's awareness. Two recent scams include fake parking ticket text messages advising people that they owe a parking fine and a fake universal credit app. You can find the details on their social media websites. Sign up to their newsletter and become a trading standards Champion and follow their media accounts.

Wishing all our residents a Very Happy Christmas and a Peaceful 2025

Mary McLaren Mary.McLaren@babergh.gov.uk

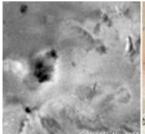
The Night Sky this month - Mike Haynes

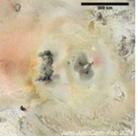
Astronomers are used to dealing with big numbers, whether it be quintillions of kilometres to distant galaxies or galaxies as massive as a trillion Suns. We also think of time in similarly huge chunks; the Solar System, for example, is some 4.6 billion years old and most things seem to happen very slowly. It takes millions of years to make a star from scratch, for example. Even here on Earth, evolution is slow and geological changes take place at a snail's pace in most cases. (human created climate change is, sadly, an exception). Io, Jupiter's closest large moon, has recently demonstrated startling changes over a very short period of time.

In 1979 the Voyager 1 spacecraft spotted an active volcano on Io, thereby demonstrating that the Solar System is not dead. More recent observations have shown that lo is the most active object in the Solar System with dozens of volcanoes. The photos below show just how dramatic these changes can be. The left hand image was taken in 1997 by the Galileo spacecraft, whilst the right hand one was taken a few months ago by Juno which is currently orbiting Jupiter. The object just right of centre in the new image is a brand new volcano! Not only has it appeared within the intervening 27 years but the volcano has created an area of ash, lava flows and other deposits approximately 180 kilometres across. The larger dark object in both images is also an active volcano which is producing pinkish, sulphur, deposits up to the left edge of the image. The reason for lo's extreme volcanic activity is the extreme gravity of Jupiter. On Earth the stretching effect of the Moon's gravity pulls the oceans thereby creating twice daily tides. Whilst the water in the oceans rises and fall by a few feet per day, the 'solid' surface on lo rises and falls by as much as 100 metres as lo orbits Jupiter every few days.

This causes extreme heating which melts the rock and makes it pliable, encouraging volcanic activity and magma flows. Somehow I can't see many

people queuing up for a manned flight!









Weekday and Sunday Services

Holy Family Roman Catholic Church

Ipswich Road, Brantham CO11 1TB Parish Priest: Fr. Luke Goymour 180 Hawthorn Drive Ipswich IP2 0QQ

> Tel:01473 684963. www.stmarksparish.org.uk revgoymour@googlemail.com

Saturday 17.30 St. Mark's vigil mass with confessions from 17.00

Sunday 09.00 Holy Family Brantham 11.00 St. Mark's

Tuesday 10.00 Holy Family mass with Adoration from 09.20

Wednesday 09.30 St. Mark's

Friday 12.15 St. Mark's mass with Adoration from 11.40

Bring & Buy Coffee Morning at Viv Szitasi's home, Paddock Gate, East Bergholt CO7 6TR will take place on December 19th 10.30 to 12. All welcome.

The Sick & Housebound. Please let Fr Luke know of anyone who is ill at home, housebound or in hospital, so that they may receive appropriate pastoral care,. If you or a family member is in hospital you can also contact the Catholic Lay Chaplain to Ipswich Hospital hospitalchaplain@stmarksparish.org.uk

Peninsular Repair Café

new venue Freston Village Hall

Thanks to everyone who keeps supporting the Peninsula Repair Café. If you have Facebook, please visit our Rethink, Reuse, Reduce, Refill, Repurpose, Repair, Rewild, Return, Recycle or search the post "Let's talk about recycling" on Shaun's Shorts.

Our next session will take place on the 30th of November followed by 25th of January. In the new year, there will be a new repairer dealing with electrical and IT issues. Please know each session has different repairers, when in doubt, please reach out to us at: peninsularepaircafe21@gmail.com

During this winter please know you can come and have lunch with us. We prepare hearty and wholesome meals as well as sausage rolls, cheese scones, homemade cakes and hot drinks. We welcome anyone to come just for lunch, you can keep warm and be with other visitors.

Our next top of the range overlocker is being tried by one of our seamstresses and we hope with this apparatus we can soon repair hard-to-do items with all types of fabric.

We look forward to seeing you soon!

New Post Office times

Services available at Holbrook Co-op



We sell Royal Mail and Parcelforce Worldwide services in all our branches, Some services might operate at particular times

Everyday Personal & Business Banking Cash Withdrawals and Deposits

Cheque Deposits

Parcelforce Express Services and Drop & Go

Pay Bills and Top Up

Travel Money Cards and Foreign Currency

When we're open

 Monday
 09:00 - 18:00

 Tuesday
 09:00 - 17:30

 Wednesday
 09:00 - 17:30

 Thursday
 09:00 - 17:30

 Friday
 09:00 - 17:30

 Saturday
 09:00 - 14:00

 Sunday
 Closed

Round & About



advice

Mobile Library

December 13th January 10th Larksfield 12.10 -12.40 Shop 12.45 -13.15

Home Library Suffolk

If you or someone you know can't make it to the library, our Home Library Service can deliver titles to homes and care homes call 01473 311699 email hls@suffolklibraries.co.uk

"Helping make lives easier" citizens Sudbury & South Suffolk

Call 01787 321400 https://www.sudburycab.org.uk

Suffolk Sight is a county-wide independent and voluntary charitable organisation promoting the welfare of blind and visually impaired people across Suffolk. If you feel you would benefit from our services, please contact our Ipswich office on 01473 611011. We meet on the last Weds of the month in Stutton Community Hall Barbara McDonald on 01473 328907

Peninsula Swimming

Woolverstone High School Email: info@spsc.email Text: 07546 528336 £4.75 per session All timings and information are on our Facebook page of the same name

Village Link

We are a social club that has been established for over 25 years. We aim to bring villages together in a social context for a monthly meeting with a speaker followed by refreshments and a good We meet natter on the second Wednesday of each month at 10 a.m. Tattingstone Village Hall. For further information contact Linda 01473 311262

Bereavement Support -Freephone National Helpline on 0808 808 1677 www.cruse.org.uk





Stour Valley U3A Make the most of life once you're no longer in full time work and come and explore new ideas, interests and skills with University of the Third Age. It's local, social, friendly, low cost and open to all.

Our speaker on 8th January is from the Colchester Zoological Society who will talk about caring for the animals at the zoo

Please take a look at our website www.u3asites.org.uk/stourvalley

Community Facebook Pages: Roundabout Stutton for a digital copy of this magazine Shaun's Shorts for news from the villages

To Do VILLAGE & LOCAL AREA DIARY December 10.30-midday community hall Meet up Monday 7 -16 Wreath Ramble See page 4 Swing Christmas Music with singer Mr Smooth 11 10am Tattingstone see page 19 Stutton Grows Working Party 2 pm - 4pm Stutton Grows Working Party 11 am -1 pm Parish Council Meeting 7.30 pm Community Craft Club 16 7-9pm all welcome bring your own craft 13 Mobile Library See page 19 17-21 Santa drop off Community Shop and Looking Good See page 7 22 Da Capo Singers present Stillness, Straw and Star....dust See page 9 January 6 Meet up Monday -10.30-midday community hall Untold Story of Cardinal Wolsey in costume 10am Tattingstone see page 19 10 Mobile Library See page 19 12 Stutton Grows Working Party 2pm - 4pm 13 Stutton Grows Working Party 11 am -1 pm 13 Parish Council Meeting 7.30 pm all welcome 15 Roundabout Article Submissions Deadline roundaboutstutton@gmail.com 20 Community Craft Club 7-9pm all welcome bring your own craft 25 Peninsula Repair Cafe - venue Freston 10.00 - 14.00 see page 18 31 Film Night - see village posters 7.30 pm see **Community Hall** Monday 6-7 pm Pilates - Julie, Pure Pilates 9.30 - 11.30 am Tuesday Baby and Toddler Divine Dance Academy 4 - 8 pm Wednesday Carpet Bowls club nights Dec 4th, 11th/ Jan 8th and 22nd 7.30 - 9.30 pm Thursday Chair Exercise Class 9.30 - 11.30 am 6.30 & 7.30 pm Physiotherapy led Pilates x2 Two Rivers Art Group 9.30 am - 12.00 pm Friday Dolly's Pizza Van 4.30 - 7.30 pm car park Saturday Alton Water - parkrun.org.uk/altonwater 9.00 am

Letter of appreciation from Janet Lock

Now that David Lock is in St Mary's Care Home Holbrook, I would like to thank the countless friends who have been so kind and supportive in many different ways - and still continue to offer help. My gratitude is profound. Janet To those it may concern:

Please consider the ongoing invitation to coffee at Bay Tree Farm. Just fix it up by phone to arrange to come along one morning.